



TAKE THE
Know Your Numbers
CHALLENGE

January 24 - April 27, 2018

A 13-week financial wellness challenge with weekly, bi-weekly, monthly and bonus tasks that help you navigate your path to financial success!

To join visit: www.mywellsite.com/solanocounty



KNOW YOUR NUMBERS FINANCIAL WELLNESS

Do you want to know more about your numbers and how to navigate a path to financial success?
Bring your lunch and learn from the financial experts!

To attend, you must reserve a space in advance on Solano County's "My Well Site" at www.mywellsite.com/solanocounty. You will need to register on the My Well Site app if you haven't already. Please see "wellness challenge page" on County intranet for instructions.

Contact: Wellness Coordinator, Lyta Hamm at LLHamm@solanocounty.com

LUNCH AND LEARN SCHEDULE - CAC

LOCATION	ROOM	DATE	TIME - PM	TOPIC	HOST PROVIDER
County Administration Center	675 Texas St. Conference Room 6004	Tuesday, 2/6	12:00 – 12:30 OR 12:30 – 1:00	Buying a Home <i>*Lunch provided by host!</i>	Solano First Credit Union
	675 Texas Conference Room 2065	Tuesday, 2/20	5:30 – 6:30 <i>*Evening session!</i>	Basics of Personal Finance	Travis Credit Union
	675 Texas St. Conference Room 6004	Wednesday, 2/21	12:00 – 12:30 OR 12:30 – 1:00	Retirement 101	Nationwide – Solano County Deferred Compensation
	675 Texas St. Conference Room 2065	Tuesday, 2/27	12:00 – 12:30 OR 12:30 – 1:00	Medicare 101	Kaiser Permanente
	675 Texas St. Conference Room 1600	Tuesday, 3/6	12:00 – 12:30 OR 12:30 – 1:00	Debt Management <i>*Lunch provided by host!</i>	Solano First Credit Union
	675 Texas St. Conference Room 2065	Tuesday, 4/10	12:00 – 12:30 OR 12:30 – 1:00	Nearing Retirement Account Management	ICMARC – Solano County Deferred Compensation

*For full County Lunch and Learn schedule at all locations go to My Well Site or intranet.

**Participation in any wellness program is completely voluntary.

